



## KICK-START YOUR CHILD'S SUCCESS

### Activity 3: Indoor hockey

Materials: recycled papers: magazines/leaflets, paper rolls, rubber bands, sticky tape, scissor, a pencil or pen, bottles, cans, containers, lids



If you order something online and get a parcel. Then, you may have some sticky tape can take out from the parcel and it still can be reused, please keep it and use in this created craft.



### **Steps:**

1. To make a hockey stick collect two rolls and stick them together.



2. Pick one roll on the bottom of one side.



3. Measure the hollow part of the role, draw a circle then using a scissor cut out a circle.



4. Place one of the rolls into the hole. Wrap rubber bands around to make it stronger.



5. A short hockey stick is ready. You can decide the length depending on your child's height.



6. To make your hockey stick stronger roll some recycled paper and insert into the roll. You can add another roll on it to make it longer.



7. Wrap some rubber bands around where you hold your hand



8. Spread the bottles on the floor and let the fun begin (video: **Paper roll hockey part 1** and **Paper roll hockey part 2**)



Activity created by Abby Liu