

MCCSA Community VOICES

SUMMER 2017

- HAPPY HOLIDAYS FROM -



MCCSA

Multicultural Communities Council
of South Australia



From the CEO

HELENA KYRIAZOPOULOS

2107 has been yet another busy and outstanding year for the organization and the communities associated with us. I encourage you to browse through our new website mccsa.org.au and see all the activities we have been involved with. A copy of our latest Annual Report is also available on the website for you to view.

Our building and facilities continue to be fully utilised by our communities, it is so satisfying to come in each day and see the diversity of communities and activities filling our building; from social gatherings, language classes, art groups, dancing classes, community meetings, training, youth groups, cooking demonstrations and using office space.

Our Gilbert Street Community Hub is certainly well patronised. Communities have appreciated the ability to have a place that they can call home and freely use it to support their own. Additional space and a fit for purpose building is certainly

on the agenda for the Board to consider in the future and something we will be keenly working towards.

One of this year's highlights is that the MCCSA attained its deductible gift recipient (DGR) and public benevolent institutions (PBI) Charity status; this is extremely pleasing as it will enable us to broaden our funding opportunities and expand our programs.

In closing I would like to take this opportunity to THANK all our volunteers and our communities for your continued support of our programs and the organisation. Next year promises to be another busy year for us as we have some exciting activities planned and hope that you will join us.

On behalf of the Board and Staff of the MCCSA, I wish you a very peaceful and joyful time over the Festive Season and I look forward to seeing you all in 2018.

Warmest wishes

MCCSA CEO

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MCCSA MANAGEMENT
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Rene Grypma

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Does your cultural community have a story to tell?

South Australia's History Festival is a time to share stories about the people and places that make up our rich and diverse history.

In 2018, the Multicultural Communities Council of SA is partnering with the History Trust of South Australia to help MCCSA member organisations get involved in the History Festival.

The History Festival happens throughout May each year and any group or organisation is invited to take part by presenting an event.

There are many different ways to get involved. Events range from talks to exhibitions, workshops and tours and more; exploring recent history, stories from many generations ago, and everything in between.

By registering, your event will be included in 230,000 copies of the printed History Festival program and on the official History Festival website. The printed program will be distributed through The Advertiser in early April, and to all libraries, visitor centres, councils and organising groups.

How to get involved:

If you have a great idea for an event, discuss your event idea with Multicultural Communities Council SA or get in touch with the History Trust of South Australia at historyfestival@history.sa.gov.au or phone 8203 9888

For more information about taking part, visit the History Festival website:

historyfestival.sa.gov.au



MCCSA Kilburn Expression Sessions

MCCSA has recently concluded our Expression Sessions Kilburn Project funded by the Department of Communities and Social Inclusion and implemented in partnership with Port Adelaide Enfield Council. The project targeted 60 disadvantaged youth of CALD background and 49 of them successfully completed the project.

The project was run after school hours at Kilburn Community Centre during school terms and was designed to cover the following key areas;

Body mapping and storytelling through art - this project interweaves drawing and painting with body movement, mediation, guided visualization, ritual and personal

story. The program consisted of three types of activities that combine verbal and nonverbal means of expression - storytelling, drawing, painting and understanding feelings through colour. During the 10 weeks sessions 15 colourful life size painted body maps that reflected the lives and aspirations of the 15 participants in the program were produced and exhibited

Hip Hop Session – in this program participants were trained on creative writing and how to produce lyrics. By the end of the sessions, the participants produced a Hip Hop Song with Anti-racism messages.

A Fashion Project - was also conducted that allowed participants to choose and design a dress that reflected their culture. During the sessions participants worked with

a professional tailor and produced a cultural outfit for each one of them. The participants modeled with their chosen dresses on the final exhibition event.

A Short Film Comedy – MCCSA engaged with some young Somali kids to put together a short film giving them the opportunity to learn how to plan and write a script, storyboard, shoot and edit videos for final production.

On the exhibition day attended by the Minister for Multicultural Affairs, Zoe Bettison, the participant's parents, friends and family, the 15 painted body maps were displayed, the comedy movie was screened and the anti-racism song was released.

MCCSA thank all the participants and wish them all the best.



Hamza and Zuzana Begovic.

If you or someone you know would like to share a migration story with us contact us on 8345 5266 or email sidique.bah@mccsa.org.au with a brief description and contact details.

A MIGRANT'S STORY:

Hamza and Zuzana Begovic

By Sidique Bah

People have migrated to Australia for various reasons over the years. Some came looking for greener pastures while others to reunite with their loved ones. This constant flow of migrants has contributed immensely to the social, economic and cultural development of Australia and helped to strengthen the multicultural identity we pride ourselves on today.

For this edition of community voices we spoke with a Bosnian couple Mr. Hamza and Zuzana Begovic to share with us their Australian journey since migrating to Australia in 1999 with their younger son to join their older daughter.

Now in their fifties Hamza said he and his family escaped to Germany in 1992 when the war broke out in Bosnia. "We lived in Germany as war refugees temporarily for over six years".

Before the war and fleeing to Germany, Hamza was working in his home country. "My work was chemical engineer, I was working in a chemical factory, a job that I got after I finished my studies but the war came and changed everything, I had to run for my life and that of my family".

Life in Germany was challenging and obtaining a German visa was not easy during that period said Hamza. But as fate would have it, his oldest daughter moved to Australia and after seven years in Germany Hamza and Zuzana decided to join their daughter in Australia.

"We moved to Australia because we didn't have much chance in Europe, especially in Germany to get a visa was very hard and we heard that Australia have a good program for refugees. The only thing is we

didn't know much about Australia and we did not speak English properly"

Reflecting on their first few months in Australia Hamza said "we were like blind people, can't read, can't understand, everything was confusing but after a while with help from our daughter, government agencies and the learning programs that were available, things started to make sense and we were happy".

Zuzana said based on what they heard from other people there was hope for a better future in Australia and the good thing about Australia was that they have an English learning program. However the first few months were not easy adapting to the Australian system.

Finding work as an older migrant is difficult and more so if you don't speak the language. According to Hamza it wasn't just the language even driving or adapting to the extreme weather patterns in Australia that was a challenge. "After twenty five years driving on the right side of the road, driving on the left side was problematic for me to find it safe to drive. Also the distance from the cities in Europe is close while Australia the distance is far. The other thing is how to balance the hot temperature that happens in Australia".

Zuzana said it was a big change for them, after fleeing a war they needed time to let go of the anxiety to feel safe and secured. "We have to adapt to our new country and because we were in our fifties, changing from one language and learning another was hard, but slowly we started to feel secure and comfortable"

According to Zuzana it was after they had completed their English program that they came across the Multicultural Communities Council of SA and for the first time found

something meaningful to participate in.

"when we came across this organisation and met with the possibility to do something with other people we were so proud, we are like yes!, we have got something to do, we are being useful, we were so delighted".

Zuzana said it all started when they went to church and the priest there who by then happened to be the coordinator for the MCCA Community Visitor Program asked them if they would like to start volunteering. "It was the connection point" said Zuzana smiling.

Nine years later Hamza and Zuzana are still volunteering their time at MCCA visiting Bosnian and German speaking elderly in aged care facilities. "The visits bring so much joy to the people we visit. The clients are so excited and talkative and the volunteering also help us meet other people and we appreciate all the training the staff organised for us, we learn something", said Hamza.

For Zuzana "it's about giving back something to Australia, we got something and we give back".

Hamza said multiculturalism is not new to him because Bosnia was very multicultural with Muslim, Christian, Jew and Catholic, all living together. The only difference for Hamza is the numerous cultures that exist in South Australia. "In Bosnia we have about four different religions but here there are about 100 different cultures and religions, to see all this cultures working together is special and beautiful".

Based on his experience living in Australia over the years Hamza's message to our readers from multicultural communities is "don't be so scared, be open, ask more questions and you will get the information you need".

The CALD Women's Cancer Screening Ambassadors Project – 2017

Women from culturally and linguistically diverse (CALD) backgrounds can face many barriers in accessing health information and participating in cancer screening programs.

Fear, low English language proficiency and diverse cultural beliefs and myths about cancer can make it difficult for CALD women to understand and be reassured of the benefits of early detection and understand cancer prevention messages. Participation in cancer screening programs is generally lower for women from CALD communities and this may lead to poorer health outcomes if cancer is diagnosed at a more advanced stage.

In response to this, **BreastScreen SA, the South Australian Cervix Screening Program and Cancer Council SA** have undertaken a health education and community development program with the aim of providing cancer screening and early detection information to women from CALD communities who have low cancer screening participation rates.

Nine women, from **Italian, Hindi, Polish, Farsi, Punjabi, Filipino and Spanish** speaking backgrounds were chosen to be part of the program and volunteered to be a community “**CALD Health Ambassador**”. They have been the resource person, supporters, peer educators and advocates for the three national cancer screening programs within their communities. Using their cultural expertise and understanding together with their bi-lingual skills to connect, engage and empower women from their own communities, they have contributed towards increased awareness



on early cancer detection and encouraged cancer screening participation.

As the program draws to a close, these CALD Health Ambassadors have achieved overwhelming successes. There have been over 20 culturally appropriate health promotion activities undertaken between April and November 2017. These have included ethnic radio broadcasting, face to face information sessions, presentations to large social groups and health information stalls at large cultural festivals and sporting events.

Other exciting outcomes of the project have included the development of a cancer screening brochure promoting the three national screening programs, produced in 7 languages as well as a suite of personal testimonial statements that will be widely disseminated throughout the relevant CALD communities.

The project will be completed in November and will culminate with a **CALD Women's Cancer Screening Day** to be held at GP Plus Elizabeth, where women from

all CALD backgrounds will be supported and encouraged to have a Pap smear and breast mammogram undertaken on the same day.

Many key messages have come out of this project and one of the strongest is that

“Early detection is important and participating in cancer screening programs can be lifesaving.”

For more information on this program, please contact:

Jacqueline Riviere
SA Cervix Screening Program
Phone 0466 424 788
Email jacqueline.riviere@sa.gov.au

Marita Aldridge
BreastScreen SA
Phone 08 8274 7169
Email marita.aldridge@health.sa.gov.au

Mariam Hii
Cancer Council SA
Phone 08 8291 4269
Email mhii@cancersa.org.au



Launch of the Harmony Alliance

On 11 October 2017, in celebration of International Day of the Girl Child, the Minister for Women, Senator the Hon Michaelia Cash, launched the Harmony Alliance: Migrant and Refugee Women for Change at the Adelaide Town Hall.

The national launch was attended by over two hundred guests, including the South Australian Minister for the Status of Women and Minister for Multicultural Affairs, the Hon Zoe Bettison MP, as well as representatives of civil society, government service providers, and community and Ethnic leaders.

Auspiced by Migration Council Australia, the Harmony Alliance is the sixth National Women's Alliance and seeks to provide a platform for migrant and refugee women to engage with issues impacting their lives and to facilitate positive change.

Senator Cash said, "central to the alliance is the right and necessity of migrant and refugee women to advocate for themselves on issues that impact their safety, wellbeing and economic empowerment."

During the launch, the inaugural Harmony Alliance Award for Lifetime Contribution to Empowering Migrant and Refugee Women was presented by Senator Cash to Ms

Eugenia Tsoulis OAM, Chief Executive Officer of the Australian Migrant Resource Centre (AMRC).

Transcript of Launch Speech by Senator Cash: <https://ministers.pmc.gov.au/cash/2017/launch-harmony-alliance>



HARMONY ALLIANCE
MIGRANT & REFUGEE WOMEN FOR CHANGE

We're still here: Hope and help for Polio Survivors in SA

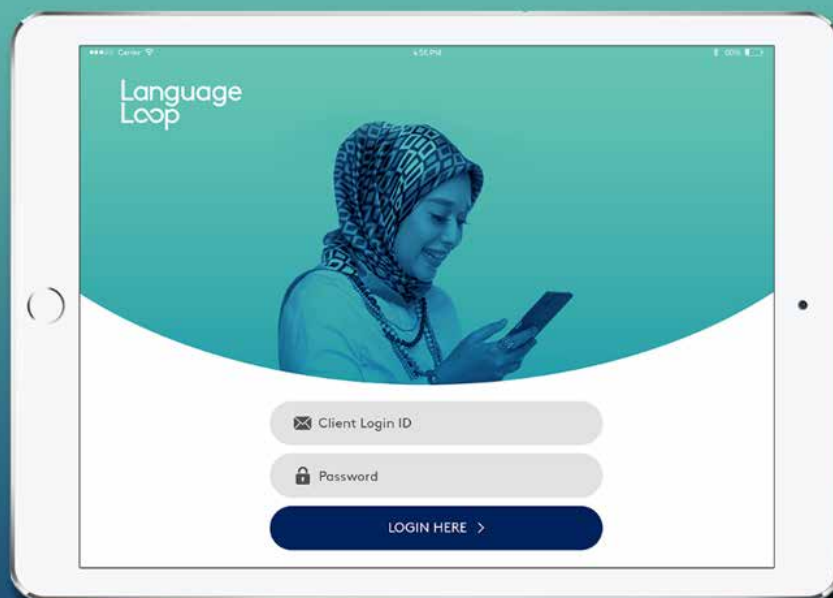
Now eradicated in the western world and most of the rest of the globe, Polio is often thought of as a disease of the past. But for the estimated 400,000+ Australians who have ever had Polio, the fight is far from over.

Here in South Australia work is happening to create hope for those living with the late effects of Polio, or Post-Polio Syndrome.

Polio SA encourages everyone who has ever had Polio, whether contracted in Australia or Overseas, to register with them. Registration is free, and subscribers will receive up to date information, Polio research and news by email.

And for those who want to become members; membership costs \$15 per year, and includes access to an hour of free hydrotherapy every week, up to six free massage vouchers each year, and a quarterly printed newsletter.

For more information go to www.poliosa.org.au.



Australia Post launches personal document translation service with LanguageLoop

On Wednesday November 22nd, executives from Australia Post and business partner LanguageLoop launched an Australian first service enabling Australia Post customers to have documents translated from over 160 languages into English in over 1100 post offices nationally.

Minister for Multicultural Affairs, Robin Scott, met with Australia Post Executive General Manager Andrew Walduck and LanguageLoop CEO Elizabeth Compton to recognise the ways which this new service will connect Culturally and Linguistically Diverse (CALD) Australians with businesses and services.

LanguageLoop CEO Elizabeth Compton commented, "We are proud to be partnering with Australia Post, to make our translation services more easily accessible to people living around Australia and in regional areas. This service will bring the power and reach of Australia Post's network together with the capabilities of our 1000+ translators in over 160 languages, so all Australians can connect and participate in society."

Australia Post Chief Digital Officer and Executive General Manager for eCommerce Solutions, Andrew Walduck agreed that the new service will help to make translation and interpreting services more available and practical for CALD Australians, and will enable greater inclusion and accessibility across the community.

"Since its inception more than 200 years ago, Australia Post's main aim has been to connect Australians with each other, and we are pleased we can offer this service through our Post Office network which will enable greater inclusion and accessibility across the community."

All documents processed through Australia Post for translation by LanguageLoop will be handled confidentially and translated by an Australian-based, NAATI-certified translator. The translated documents will then be delivered directly to the customer's preferred address via the Australia Post delivery network.

Additional information can be found on the Australia Post website or at languageloop.com.au/hello



FOOD SAFETY FOR BUSINESSES

For recently arrived humanitarian migrants, settling in a new place can be a real test of resilience because of the constant reminders of knowledge and skills that you don't have.

It doesn't matter whether it's English, recognised professional qualifications, and knowledge of how to access navigate complicated social services, in the first instance, there is rarely an opportunity to celebrate and showcase the skills that you do have. And boy, does Adelaide have some skilled cooks among our new community members!

Food can be a powerful tool in establishing a link to a new place. The opportunity to showcase and celebrate your cultural heritage with others builds confidence within a community. It creates a bridge with the wider community, a common ground to appreciate each other's differences. It is also a relatively easy platform on which to build a small business, and to have a sense of independence and prosperity.

For this reason, Prosper Adelaide, the Adelaide City Council and MCCA came together on 11th December to offer food safety training with Arabic interpretation for 23 members of the Arabic-speaking community, with those attending predominantly being new migrants from Syria.

The event was hosted by the North Adelaide Community Centre, and was presented by Brad Mackintosh from Environmental Health Services at the City of Adelaide. Brad talked through the basic principles of food safety, relevant legislation in South Australia and some of the key considerations and responsibilities for businesses preparing and selling food. The sessions was translated into Arabic with the generous support of the MCCA.

Having a basic knowledge of food safety laws and regulations sets the foundation for individuals to think about opportunities to set up their own businesses. The session also highlighted the role of local councils as an advisory service to help community members to get up and running.

One participant said that it was her 'dream of dreams' to start a Syrian restaurant here in Adelaide, and her face shone with excitement and she flipped through photos on her smart phone of the traditional dishes she makes at home. Her specialties include meat kebbe, elaborate rice dishes decorated with nuts and spices, stuffed vine leaves, and mouth-watering desserts.

The session will hopefully be the first of many in a series to assist community members to get their ideas and aspirations for food businesses off the ground with the assistance of local councils.

Prosper Adelaide is a start-up social enterprise which offers assistance to migrants to establish cottage industries from home. Prosper Adelaide has been assisting the making and selling of traditional preserves with members of the Syrian community in Adelaide, as well as selling products made in Jordan and Syria by people affected by the Syrian conflict. Follow @Prosper.Adelaide on Instagram.

Food from our Homeland

MCCSA explores South Australia's rich multicultural food heritage with the 'Food from our Homeland' project held over the end of 2017 and the first quarter of 2018.

Funded by a Positive Ageing grant from the Office for the Ageing this project allows senior cooks from 8 different cultural backgrounds to share something special from their country of birth. For the lucky people who have attended the first four classes they have had the opportunity to cook in the Sprouts kitchen on Sir Donald Bradman Drive at Hilton, and pretend that they were in their own Masterchef episode.

Our November cooks were Nikolay and Gloria from Russia and Venezuela respectively. Nikolay taught us how to make a Spinach and Salmon Pirog whilst Gloria

taught a Venezuelan street food dish Arepas stuffed with avocado and chicken and a special dessert Quesillo which is a bit like a crème caramel with a Venezuelan twist. Gloria has never cooked from a recipe and we were fortunate to have her pass on her family's version of these dishes

Our December cooks came from the Philippines and Latvia. Miriam taught a wonderful healing dish Arroz Caldo (a cross between a risotto and a congee) which was a specialty of her grandmother, a well known Filipino cook. Miriam gave some hints on how this dish could be adapted for different health conditions. Our afternoon class in December were two well known Latvian snacks Pīrāgi (Latvian bacon buns) and Sāls standziņas taught by Ulla and Ints.

In 2018 MCCSA will be releasing video interviews with all our cooks on our website and short demonstration videos for those who have missed out on this wonderful opportunity to learn from our talented seniors. The next two classes will be on January 25th and will feature Indonesian and Armenian dishes. Lilit will be demonstrating Armenian Urfa kololaks, which are Armenian meatballs with fried eggplants and Gata an Armenian sweet pastry. In the afternoon Ursula and Asanah will demonstrate Indonesian Nasi Goreng, which is Indonesian fried rice and Sate Ayam, which is grilled chicken on skewers. For more details on our January class check our website or facebook page.



Faith leaders 2nd round table

In Australia today one in three women have experienced physical and/or sexual violence perpetrated by a person known to them.

Domestic and Family Violence is not racist, classist or ageist; it is non-discriminative and is everyone's business. The Honourable Zoe Bettison MP, Minister for the Status of Women and Multicultural Affairs and the Reverend Lyn Arnold, together with Multicultural Communities Council SA, The Office for Women and Women's Safety Services SA have supported the establishment of the Faith Based Focus on Safety for Women and their Children roundtable (FBFSWC) in South Australia.

The roundtable held its second meeting on 27 November 2017 at Women's Safety Services South Australia. The FBFSWC roundtable saw faith leaders from a variety of religious groups across South Australia, come together to explore and discuss ways in which all community leaders can respond effectively and work together to prevent violence against women and their children in our communities.

One of the key presentations on the day was from the Migrant Women's Support Program (MWSP) part of the Women's Safety Services of SA (WSS SA).

Migrant Women's Support Program (MWSP) owes its conception to migrant women activists who 30 years ago realised the extent of the problem of domestic and family violence within culturally and

linguistically diverse (CALD) communities and recognised disadvantages faced by many migrant and refugee victims of domestic violence when trying to access support from mainstream services. They successfully lobbied the governments for recognition of the need to set up a service specifically for migrant and refugee women and their children that would be culturally relevant and appropriate to their specific needs, hence the birth of the former Migrant Women's Support Service Inc., the current MWSP. The Programs core value is the right for all people to live in safety and to be treated with respect. Culture is never an excuse for violence. Domestic and/or Family violence is not acceptable in any Community or Culture. It has been recognised that CALD women can be more vulnerable to experiencing domestic and family violence than others, due to a range of factors including; immigration status, lack of support networks, language barriers, cultural values, community pressure, socio-economic disadvantage and limited knowledge about their rights and Australia's laws present additional barriers. Thus CALD women are less likely to report violence and may find it more difficult to address or escape violence.

MWSP, a specialist Domestic Violence Program is for migrant, refugee and asylum seeker women and children that delivers a range of culturally sensitive support. A team of bilingual, bicultural staff work with women of diverse cultural and linguistic backgrounds who are in

unsafe relationships. MWSP works with migrant women and children most at risk of violence. The program provides for clients' cultural needs, conducts needs and risk assessments, safety planning, information provision, advocacy and referrals to other relevant services. MWSP works in close partnership with regional domestic violence services and other relevant service providers, including professional interpreters. MWSP also delivers Cross-Cultural Awareness Training for the workforce of National Affordable Housing Agreement funded services. We know that the former MWSS over the past 3 decades has provided assistance, improved safety and delivered services close to over 20, 000 migrant women and children impacted by domestic and family violence from many different parts of the world and from a wide variety of ethnic and religious backgrounds. In the past financial year 2016 – 2017 MWSP has provided assistance to 340 women and 325 children of 50 different CALD backgrounds. MWSP current workforce includes 1 part-time Program Manager and 5 part-time service delivery positions that are from Middle-Eastern, African, Chinese, Indian and East-European backgrounds.

For more information please contact Milenka Vasekova, Program Manager 8152 9249



Community Visitor Scheme

*"To the world you may only be one person,
but to one person you might be the world."*

Please join the MCCSA Community Visitors Scheme (CVS) and support those in need. CVS is a wonderful program treasured by residents living in aged care facilities who speak languages other than English.

For the last 28 years, the CVS program has contributed greatly in alleviating elderly people's loneliness and isolation.

The demand for multicultural visitors has increased significantly over the past few

years. To support this need, the Department of Social Services has provided the program with an additional 40 places to support elderly residents from a CALD background in residential care.

MCCSA Community Visitors reach out to residents and care for them in the most culturally and linguistically appropriate way. This can include from celebrating cultural events together with the residents to talking with or simply reading to them in their own language.

We are currently on a recruitment drive and are seeking volunteers who speak the following languages: **Italian, Polish, Greek, Hungarian, Lithuanian, Serbian, Ukrainian, Maltese, Croatian and many others.**

If you have some free time on your hands and would like to join this most loved program please contact Heeyoung on 82134604 or via email heeyoung.lim@mccsa.org.au

2018 State Election — KEY DATES

In March next year around 1.2 million South Australians will vote at the 2018 State Election.

Key dates include:

23 February

Deadline for enrolling
or updating your details
on the electoral roll.

26 February

Deadline for nominating
as a candidate

17 March

Election Day

Voting and enrolling is compulsory for all Australian citizens who are 18 or older.

To enrol now or learn more about the state election, visit the Electoral Commission SA website.

From mid-January information will be available on the website in 22 languages: Arabic, Cantonese, Croatian, Dari, Dinka, Greek, Gujarati, Hindi, Italian, Khmer, Korean, Lao, Mandarin, Nepali, Persian, Pitjantjara, Polish, Punjabi, Russian, Serbian, Spanish and Vietnamese.

Employment opportunities at the 2018 State Election

Electoral Commission SA will employ more than 6,000 South Australians to work at the 2018 State Election, and we want our election workforce to reflect the multicultural diversity that makes South Australia such a great place to live.

There are two streams of paid employment opportunities: general election work and Community Ambassadors.

General election work

A wide range of positions are available before, on, and after Election Day (17 March 2018), including polling official work, call centre staff and counting and sorting ballot material.

Bilingual speakers of Vietnamese, Khmer, Nepali, Greek and Italian who are interested in working as a polling official will be highly regarded.

To apply for general election work, submit a registration of interest by 7 January 2018 through the employment section of our website.

Community Ambassadors

Electoral Commission SA will run a Community Ambassador Program for the first time at the 2018 Election. The aim of the program is to employ members of communities to host and attend sessions where they can educate and inform their community about the elections in their own languages. We plan on trialling this initiative with four communities in 2018:

- » Mandarin-speaking Chinese
- » Vietnamese
- » Afghan
- » Bhutanese/Nepalese

If you know of anyone who is responsible, dynamic and bilingual in English and one of these languages, email us at ECSAComments@sa.gov.au.

Please note we receive a high level of interest in all election positions, and applying for a role does not guarantee an offer of employment. In order not to compromise the strict neutrality of Electoral Commission SA, no person who is active in political affairs and intends to carry on this activity may be an employee.

Water Talks



SA Water is working with South Australians to plan how to best provide future water services and everyone is invited to be involved by having their say.

Water Talks webpages plus events are available for customers around the state to learn about SA Water and provide their thoughts.

SA Water will use feedback gained through Water Talks to inform their future business plans so tell SA Water what matters most to you about the safe drinking water supply and reliable sewerage services they provide for you.

Your honest feedback will help SA Water understand what they do well, what needs to be improved and what you value most about your water services. SA Water will use everyone's feedback as they develop their business plan for 2020-24.

Being part of Water Talks is easy. Visit **watertalks.sawater.com.au** and sign up to find out more and have your say.

Events across South Australia will be listed online from January 2018, so sign up to stay informed about when and where these will be held.

On Thursday 1 February 2018, representatives from SA Water will be at the Multicultural Community Centre at 113 Gilbert Street in Adelaide from 10am until 2pm to speak to community members about their water stories. Different countries use and access water in different ways and stories gathered at this drop-in session will be used to help SA Water understand how customers experience water.

Water Talks will be used to gather feedback for future planning until June 2018.

For more information, please call 1300 SA WATER.



SA Water's Matthew Bonnett (far right) talking water with Keith Zilm and Carmel Pilgrim in Bordertown.

MCCSA SERVICES



MCCSA CHSP Transport Service

Our transport service is well used and helps many of our frail and older members of the CALD community go on excursions and attend Day Centre programs. Community groups use our service for trips to places of cultural or tourist interest. This provides their members with an opportunity to socialise in comfort and tranquility.

To hire our buses at very reasonable rates, call us on 8213 4608 or email sidique.bah@mccsa.org.au

The languages currently spoken by our volunteers are: Bosnian, Cantonese, Croatian, Filipino, French, German, Greek, Hungarian, Hindi, Italian, Japanese, Latvian, Mandarin, Lithuanian, Polish, Russian, Spanish, Ukrainian, Hungarian, Serbian, Swedish, Danish, Arabic, Farsi (Persian), Dari and Vietnamese.

If you would like to make use of our service or join our team of volunteers call Hee Young Lim at MCCSA on 8213 4604 or email heeyoung.lim@mccsa.org.au



Carers Retreat

Our Carers Retreat programs help fund planned short-term breaks for unpaid care givers of the frail and elderly. CALD community organisations that work with carers of the frail and elderly should contact us to discuss applying for this funding, as we want as many carers as possible to access the benefits of having a retreat.

For more information call Megan Hill on 8213 4605 or email megan.hill@mccsa.org.au



MCCSA Community Hall

A diverse range of community groups use our 50 seating capacity hall for meetings, forums, workshops and functions **Free of charge** if they are a registered MCCSA community group. A donation is appreciated for rubbish removal and electricity.

The Hall is also available for commercial hire.

For more information in accessing the MCCSA hall call Lena on 8345 5266 or email mccsa@mccsa.org.au for terms and conditions of use.



Community Visitor Scheme

Our Community Visitor Scheme facilitates one-on-one friendship between older people in residential care and community visitors speaking their language. They visit at least twice a month to build relationships. They add some warmth to the life of our senior citizens by reducing their loneliness and isolation.



Healthy Ageing

MCCSA supports communities to stay connected through their ageing years by enabling a range of services such as social programs, advice, advocacy and specialist workshops and forums.

For any enquiries on this program please call Kristin on 8213 4603 or email kristin.johansson@mccsa.org.au.



Reconnect Services

MCCSA provides individual support to young people that are having trouble at home. This is an early intervention program to prevent youth homelessness and can provide information, support, counseling, mediation, practical support, and group activities.

For further information or referral please contact Megan megan.hill@mccsa.org.au or Savvy savvy.ouk@mccsa.org.au on 8213 4605.



Successful Communities

Successful Communities is focused on providing individual support to vulnerable and emerging culturally diverse communities and their members.

For further information please call Megs Lamb on 8213 4610 or email megs.lamb@mccsa.org.au



Multicultural Playgroup

MCCSA is currently running a multicultural playgroup for children from diverse background in South Australia to give them the best possible start in life and we want parents to feel supported.

If you would like more information or want to attend with your child, please contact Hee Young Lim on 8213 4604 or Heeyoung.Lim@mccsa.org.au

Justice of the Peace

MCCSA also offers the services of a JP, to book an appointment, call the office on 8345 5266.

MCCSA PHOTOS



MCCSA Annual General Meeting

MCCSA Volunteers
Christmas Lunch



Food from our Homeland - Cooking program

Interested in volunteering for MCCSA?

Visit www.mccsa.org.au for more info or contact us on 8345 5266.

www.mccsa.org.au



Multicultural Communities Council of SA Inc.

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Compiled and edited by Sidique Bah, MCCSA Communications Officer